

Day School News

Welcome & Welcome Back!



ARE YOU READY FOR SCHOOL?

We are! Many thanks to the following individuals and businesses for making it possible - County Building Services; Christian Cleaning; Arborvine Landscaping, LLC; Amazon; Happy Grass Roots; RW Greer, Inc., the Property Committee of St. David's Church; and of course the staff of the school!

Some statistics about the children and families that are here this year—

- ◆ 23 families are returning after a break of a year or two!
- ◆ 10 sets of siblings, including a set of twins.
- ◆ A set of cousins.
- ◆ Children and staff live in the following zip codes—19060, 19086, 19014, 19703, 19707, 19720, 19801, 19802, 19803, 19808, 19809, 19810.

Welcome to our newest staff members—thank you for your commitment to a high-quality preschool program. They are (in alphabetical order) Netsanet Abreha, Emily O'Day and Marsha Young. You may have met them at one or more of the Back to School picnics last month.

Former staff members are on the move! Just in case you were wondering, here is news on some of them -

- Rebecca Henretty is teaching 2nd grade!
- Jackie Berchtold is teaching 1st grade!
- Allison Dika is a special education para-professional in 7th grade!
- Harrison MacEwen has moved to Boston.
- Kourtney Word is growing her own business!
- Michelle Iacono has moved to the beach!

We miss them all and wish them the best in this school year!

Thank you for being our best advertisers! Thanks for telling your neighbors, friends, and co-workers about our school. Many of our brand new families this year heard about St. David's from a friend or pool buddy or neighbor. If someone asks, the waiting list for the 2023 - 2024 school year is now open. They can call the office or send an email to go on the list. There is never any obligation to enroll nor any charge to go onto the list. No money is ever due until a space is offered. Registration for the 2023 - 2024 school year will begin in mid-January.

Please remember that if you ever have a concern, comment, critique, or compliment, my phone is always on, you can always email or even stop by the office.

On behalf of Father Brad, our volunteer Board of Directors (Dave Strauss, Jenn Anderson, Doug Lawrence, and Carl Schrass), the parishioners, and the ENTIRE staff, thank you for being a part of my 22nd year here and the 67th school year!

Have a great year!!

Fondly,

Janet Leishman

back to
School



Volume 67, Issue 2

On the Move with Mrs. Mako

Welcome to the new school year! I am very excited to be able to get to know and teach every child here. I aim to provide a fun and engaging way to help your children learn new ways to be active, while incorporating many other areas of development. I hope to teach them that active bodies are healthy bodies, and that exercise is FUN!

Please help me give the children the ability to safely participate in all of the fun activities that will be offered, inside and outside, by sending your child to school in properly fitted, comfortable SNEAKERS EVERY DAY!

Thank you in advance for your cooperation. I look forward to having lots of fun “in the gym” this coming school year.

Wendi Mako



Co-Curriculum Coordinators' Column

Here we go! September is always such an exciting time of year! Along with the excitement can often come a little nervousness, especially when we are talking about preschoolers. The first few weeks of school often bring a wide variety of emotions. Your child might happily enter school the first week and then scream and cry the second week. Or September might be filled with smiles from start to finish. Either way, we've seen it all and it is normal and to be expected.

There are ways to help create the most positive experience possible for your child. At school, we will share stories with the children about preschool and what to expect. Reading some of these stories at night can often spark meaningful conversations with your child about his/her feelings. Be sure to remind your child that you will “always come back.” That is a commonly used phrase in the halls of St. David's (especially in September)! Despite the summer fun and wild schedules we all fell into, creating routines that are as consistent as possible will help ease your child into the school year more smoothly. This one is hard . . . If you can stay calm and positive, your child is more likely to do the same. Having done preschool drop off with my own crying children, I know how challenging this one can be. One last tip—try giving your preschooler a job if you can sense some unease. It could be something small like creating a drawing to bring home to you. Just remember, this is short-lived and you will be amazed by how far they will come this year!

Happy September!

Lindsey Mulvena and Gina Zarrilli
Co-Curriculum Coordinators

Tamara Hill. “6 Ways to Stop Your Preschooler's Separation Anxiety.”
<https://preschool.org/preschool-separation-anxiety>.
Preschool.org June 29, 2021, accessed August 21, 2022

From the Kitchen

Welcome and welcome back for another delicious and nutritious school year here at St. David's! I am Chef Dana Grasty and I am very excited to begin my third year in the kitchen! This year, you may also see me in a classroom!

I am looking forward to introducing your children to new and exciting foods. I take pride in creating each month's menus for your child's nutritional needs. As you look at the menus you will notice lots of fresh fruits and seasonal vegetables, as well as some yummy sounding items! I also hope that they enjoy their snacks and lunches - sometimes even having fun with their food!

I am also very conscious of food allergies among the children and the staff - my goal is to keep them safe! If you have any concerns or questions, please feel free to stop by the kitchen or leave me a note in my mailbox in the school office.

Bon appetit!

Chef Dana



Chapel - An Engaging Worship Experience

We have an incredible opportunity and responsibility where a child's spiritual life is concerned. Our position may be second only to a child's home environment in our ability to provide the fundamental spiritual framework and religious worldview. Our hope is that our Christian-based chapel services will be instructive, enjoyable, understandable, and memorable.

We include stories, music, and movement during chapel as a way of engaging a fuller range of senses. This has the effect of keeping the children invested and helps them retain the experience.

The vast majority of our chapel services take their inspiration directly from Biblical texts. In the course of the year we will cover stories both from the Hebrew Scriptures (Old Testament) and the Greek Scriptures (New Testament) and will include stories about many individuals, like Noah, Jonah, Mary and Elizabeth, Joseph, the Wise Men, and Jesus. There will also be stories which have as their central theme positive values - friendship, courage, respect, faith, hope, caring for creation, sharing, and love.

Your entire family is encouraged to attend the chapel services. We begin shortly after drop-off on alternating Wednesdays and Thursdays (usually). We believe that you will gain something from joining in the fun and fellowship.

Please, to keep everyone safe, enter through the school door if you are coming to chapel. Exit after chapel the same way. If you have a guest coming who is mobility impaired, let Mrs. Leishman or Father Brad know in advance and the doors under the carport will be available.

The Rector, the Reverend Brad Hinton is available after chapel should you need more information about the parish, Christianity, or desire counsel.

Our two year old classes will not attend our formal chapel, but we hope to acquaint them with the nave. Father Brad will get to know them. They will hear our Children's Creed, ask God's blessing before snacks and lunch, and learn about God's love for them in their first experiences at St. David's Episcopal Day School!

Children's Creed

I believe in God above.

I believe in Jesus' love.

I believe His Spirit, too,

Comes to show me what to do.

I believe that I can be,

Kind and gentle,

Lord, like You.

This creed is a part of every chapel service. We also say the creed using modified American Sign Language.



Day School News

Safety & Security Reminders

Welcome to the 67th school year—help us make it the healthiest and safest year EVER!

ALL EXTERIOR DOORS ARE LOCKED! If you notice one of the entrance doors not closing securely, please let me know!

ARRIVAL AND DEPARTURE

Please enter and exit the building through the security doors near the school sign. There is a four-digit code to use—and you will hear an audible “click” when it is open. After you learn it, please share it only with those persons you trust! The same code opens the door at the far end of the school hall.

CHAPEL DAYS

Again, use the school security doors, walk down the hall, and follow the narthex around to the nave.

FOR YOUR SAFETY, DO NOT USE THE CHURCH OFFICE DOOR. If you have a guest who has mobility issues, please call the school office (or the church office 302-475-4688) and the doors under the carport will be accessible.

PROCARE is the way in which we track children’s attendance, manage staff: child ratios, receive messages from parents, and parent billing. Parents should have received an email inviting them to sign up, and giving them a PIN. Parents may also use a QR code on their smart phone to sign in and sign out; caregivers like grandparents, nannies, sitters, and others may ONLY use a PIN (but can be assigned a specific PIN). Tablets and QR codes are located throughout the building.

PLEASE SIGN IN AND OUT!

HANDWASHING

All children and staff must wash their hands for at least 20 seconds, using soap and running water when they arrive at school. You may use your child’s classroom or the bathrooms located near rooms 5 and 6. You may also use the adult bathrooms that are located on the other side of the security door. Just use the code to get back into the “school side.”

To decrease the spread of germs, it is suggested that you and your child wash your hands when you get home!

MASKS

At press-time, masks continue to remain optional for adults and children inside licensed childcare programs.

ADDITIONAL POLICIES AND REMINDERS

- **STAY & PLAY** ends at 1:00 pm—the children will be in the Great Hall or perhaps on a playground. Children in rooms 1 and 2 do not use STAY & PLAY until after the Christmas break.
- Delaware law requires children to be in a car seat appropriate to their age and weight.
- Delaware law prohibits using hand held devices when driving. PLEASE DO NOT TEXT AND DRIVE.
- We are LATEX free—no latex balloons inside!
- Watch your speed limit as you enter and exit the parking lot! Young children do not always watch for cars!
- 24 hours, fever free, without the benefit of medication is the policy of St. David’s Episcopal Day School and every other licensed school in DE!

SUNSCREEN, LIP BALM, DIAPER CREAM

These are all considered topical medications, and MUST be signed into the Medication Log. They may be kept in the classroom, however, but out of the reach of the children. **Please do not leave lip balm in your child’s cubby or tote bag!**

NEW LICENSING REGULATIONS WHICH AFFECT YOU

The regulations under which the school operates were updated effective June 1, 2022. Some of them were effective immediately, others will be phased in over the next six to 18 months. Regulations which directly affect you and your child include:

- Beginning January 2023, with parent consent, a developmental and social-emotional screening to be conducted annually until the child enters kindergarten. This is why you received information about the ASQ and ASQ-SE.
- Beginning January 2023 a child is required to have a second lead screening at or around 24 months. If blood lead screenings were not conducted at or around 12 months and 24 months, a blood lead screening is required for all ages.

A copy of the most recent DELACARE Regulations for Early Care and Education and School-Age Centers is available in the school office.

Day School News

September 2022 Morning Snack

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Menu is Subject to Change Without Notice	Snacks & Meals are Peanut & Tree Nut Free	Water is Always Available 1% Milk Served	100% Fruit Juice Used If Served	1 <div style="border: 1px solid black; padding: 5px; text-align: center;">CLOSED FOR MAINTENANCE</div>	2	3
4	5 Labor Day Holiday School Closed	6 Staff Professional Day, 8:30-3:30	7 3's & 4's Visitation Morning All Parent Orientation 7pm	8 Watermelon Wedges Giant Goldfish	9 Fresh Veggies Ranch Dipping Sauce Ritz Crackers	10
11 Patriot Day	12 Homemade Mini Muffins Milk	13 Fresh Apple Slices with Graham Crackers	14 Cereal & Fruit Bowls	15 Yogurt Parfait with Homemade Granola	16 Cinnamon French Toast Bites w/Maple Syrup	17
18	19 Breakfast Smoothies w/Homemade Oatmeal Bars	20 Mini Bagel Bar (Cream Cheese, Jelly)	21 Fresh Fruit "Board" with Graham Crackers	22 Pita Chips, Veggie Sticks Ranch Hummus	23 Mini "Pancake" Muffins With Milk	24
25	26 Homemade Fruity Breakfast Bread With Fresh Fruit	27 Cinnamon Rolls Milk	28 DIY Rice Cake Snack Juice	29 Chocolate Bears With Strawberries	30 Pizza Toast!	

Day School News

September 2022 Lunch

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Menu is Subject to Change Without Notice	Snacks & Meals Served are Peanut & Tree Nut Free	Water is Always Available 1% Milk Served	100% Fruit Juice Used	1 <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;">CLOSED FOR MAINTENANCE</div>	2	3
4	5 Labor Day Holiday	6 Staff Professional Day	7 Visitation Morning Parent Orientation	8 Chicken Nuggets Smiley Fries Green Beans Peaches Frozen Treat	9 French Toast Stix Bacon Maple Syrup Applesauce Grape Juice Go-Gurts	10
11	12 Buttered Pasta Marinara Sauce Meatballs Parmesan Cheese Side Salad Fresh Fruit	13 Cheesy Quesadillas Yellow Rice Mexican Street Corn Salad Pineapple Chunks	14 Homemade Lunchables - Deli Turkey Roll Cheese Sticks Carrot Chips Pretzel Bites Jello/fruit	15 Homemade Mac 'n' Cheese Sweet Peas Garlic Roll Orange Slices	16 Veggie Stir-Fry Steamed Rice Herb Crustini Watermelon Wedges Mini Cupcakes	17
18	19 Pizza Party Fresh Veggies w/ Ranch Dip Applesauce Pudding Cups	20 Cheese Tortellini Basil Pesto Broccoli "Caesar" Salad Baguette Diced Pears	21 Crispy Falafel Nuggets Naan Pesto Green Beans Orange-glazed Sweet Potato	22 "Pigs" in a Blanket Santa Fe Beans Roasted Cauliflower Homemade Cookies	23 Cheeseburger Sliders Tater Tots Corn on the Cob Fruit	24
25	26 Mini Pancakes Turkey Sausage Syrup Bananas/ Strawberries Orange Juice	27 Taco Tuesday Beef, Cheese, Salsa, Guac, Yellow Rice Sauteed Corn Peaches Brownies	28 Mini Grilled Cheese Sandwiches Sun Chips Carrots/Cukes Fresh Fruit Salad	29 Veggie Flatbread Garden Salad Apple Slices "Golden Oreo Icebox Cake"	30 Fish Sticks Mac 'n' Cheese Vegetable Medley Mandarin Oranges	

September 2022 Afternoon Snack

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Menu is Subject to Change Without Notice	Snacks & Meals Served are Peanut & Tree Nut Free	Water is Always Available 1% Milk Served	100% Fruit Juice Used	1 <div style="border: 1px solid black; padding: 5px; text-align: center;">CLOSED FOR MAINTENANCE</div>	2	3
4	5 Labor Day Holiday	6 Staff Professional Day	7 Visitation Morning Parent Orientation	8 Homemade Cheezits "Snack Mix" Juice	9 Teddy Grahams Milk	10
11	12 Animal Crackers Apple Slices	13 "Ants on A Log" Grape Juice	14 Golden Oreos Milk	15 Triscuits Bacon/ Cheddar Dip	16 Goldfish Snack Mix Apple Juice	17
18	19 Vanilla Wafers w/ Banana "Dip"	20 Cheese Sticks Turkey Roll-ups Juice	21 Homemade "Smores Rice Krispy Treats" Milk	22 Veggie Straws Ranch Dip Juice	23 Homemade Frozen Treat on a Stick!	24
25	26 Teddy Grahams Strawberry Milk	27 Yogurt Parfait	28 Pirate Booty "Bags"	29 Pita Chips Cheese Cubes	30 Corn Chips Salsa	

September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2 Blueberry Popsicle Day	3
	BUILDING CLOSED FOR MAINTENANCE					
4	5 Labor Day Holiday Closed	6 Staff Professional Day 8:30 - 3:30	7 Visitation 3's & 4's 9-12 All Parent Orientation 7pm	8 3's & 4's Start CPR/FA 6pm	9 2's Visitation 9-12 National Teddy Bear Day	10
11 Patriot Day	12 School Starts for 2's 3's & 4's start Gym, Stay & Play	13	14	15 National Make A Hat Day!	16	17
18 National Rice Krispie Day!	19 Gym Starts for 2's	20	21 Chapel, 9:15 Rooms 3,6	22 Chapel, 9:15 Rooms 4,5 Fall Begins	23	24
25	26	27	28 Chapel, 9:15 Rooms 3,4,5,6	29 All School Sing, 9:15	30 Soccer Shots 3's & 4's only	

Day School News

Who Will My Child Meet This Year?

Rector, Chaplain, Board President

Father Brad Hinton

In the Office

Janet Leishman, M.Ed. Director
To Be Determined,
Administrative Assistant

Specialists

Sandy Pierce - Music Specialist
Lindsey Mulvena & Gina Zarrilli
Co-Curriculum Coordinators
Wendi Mako -
Developmental Movement Teacher
Dana Grasty - Chef

Extended Care Staff

(You may also see them in a classroom)
Emily O'Day, Holly Osman
Kat Henretty, Danielle Temme
Tatianna Diaz

Room 3 Three's

Shannon Kern, Teacher
Allyson Jacobs, Assistant Teacher

Room 4 Three's

Ashley Nagowski, Teacher
Janet Walton, Assistant Teacher

Room 5 Four's

Lindsey Mulvena, Teacher
Christy Pollack & Meetu Mohnot,
Assistant Teachers

Room 6 Four's

Gina Zarrilli, Teacher
Ivy Cherian & Eden Dzielak,
Assistant Teachers

*Many of the classroom staff listed here also work in extended care!

Classrooms by Age & Room Number*

Room 1 Two's

Tara Chetty, Teacher
Arielle Wooden, Assistant Teacher
Netsi Abreha, Assistant Teacher

Room 2 Two's

Kris Richey, Teacher
Marsha Young, Assistant Teacher
Netsi Abreha, Assistant Teacher



St. David's Episcopal Day School

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Wilmington, DE 19810

Phone: 302-475-3747
Fax: 302-529-1135
Email: stdavidskidsde@outlook.com
Website:
www.stdavidsdayschoolde.org

We Are On The Web!

www.stdavidsdayschoolde.org

Start Here, Go Anywhere!

St. David's Episcopal Day School exists to provide a nurturing, Christian community where children can learn and grow. We do this through:

- Leading each child into caring relationships with peers and adults;
- Offering each child a stimulating learning experience;
- Valuing each child's unique growth; and,
- Encouraging each child's awareness of God in the world.

Ours is a safe environment where children ages two through five are encouraged to grow spiritually, emotionally, cognitively, socially, and physically so their greatest potential may be realized.

On the website, you will find calendars, snack, and lunch menus. There are articles by Bev Igo, former Curriculum Coordinator, about a variety of child development topics (early writing, why play with blocks, math activities, so on). The 2022-23 Family Handbook will be posted there.

Photos of school activities are posted there, but you will need a password to access that part of the site.

On the October 2022 Calendar . . .



Looking Ahead . . .

- | | | |
|---------|----|---|
| October | 5 | CPR/FA Class, 6pm, Room 3 |
| | 6 | Chapel, 9:15, Rooms 3,4,5,6 |
| | 7 | Soccer Shots for 3's & 4's only |
| | 8 | Ice Cream Social, Great Hall |
| | 11 | Music School of DE visits |
| | 12 | Chapel, 9:15, Rooms 3,4,5,6
Extended Care Closes 5pm |
| | 14 | Music School of DE visits |
| | 15 | Soccer Shots, 3's & 4's only |
| | 20 | Chapel, 9:15, Rooms 3,4,5,6 |
| | 21 | Field Trip Rooms 5 & 6
Soccer Shots, 3's & 4's only |
| | 26 | Chapel, Rooms 3,4,5,6 |
| | 27 | Halloween I, 9:30, Rooms 1,2,3,6 |
| | 28 | Halloween II, 9:30, Rooms 1,2,4,5
Final Soccer Shots |
| | 31 | Happy Halloween!! |