

# January 2023-Morning Snack

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Happy New Year	2 Animal Crackers & Seasonal Fruit	3 DIY Waffle Walrus	4 Healthy Avocado-Pineapple Muffins  Milk	5 Blueberry Pancake Smoothie With Granola Bites	6 Lemon Hummus w/ Veggies & Naan Points	7
8	9 Pizza Bites	10 Chocolate/Banana Donuts  Milk	11 Yogurt & Honey Parfaits	12 Apple Salsa Tortilla Chips	13 Gluten Free Snack  Juice	14
15	16 CLOSED Martin Luther King Day	17 DIY Mini Bagel Bar  Juice	18 Homemade Applesauce w/ Giant Graham Goldfish	19 Doughnuts  Milk	20 Cheese & Fruit Charcuterie Board	21
22	23 Cereal Bars With "Fruit Punch Salad"	24 Teachers Choose The Snack!!!	25 DIY Snack - Teddy Bear Toast  Milk	26 Cinnamon Toast With Crispy Bacon	27 Loaded Apple Nachos!	28
29	30 Breakfast Muffins w/ Vanilla Smoothie	31 Hot Chocolate Charcuterie Board	1 1% Milk Served  Water Always Available	2 100% Fruit Juice Used	3 Menu is Subject to Change Without Notice	4 Food Provided is Peanut & Tree Nut Free

# January 2023 Lunch

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Happy New Year	2 Chicken Nuggets Roasted Potatoes Mixed Veg. Pears	3 Cheese Quesadillas Taco Rice Corn Pineapple Cinnamon Toast Crunch Treat	4 Pasta Marinara Cheesy Bread Roasted Broccoli Peaches	5 Loaded Potato Soup Pretzel Bites Veggies/Dip Apple Slices Loaded Brownie	6 Hot Dog Bites in Roll Tater Tots Green Beans Orange Slices	7
8	9 Mini Pancakes Syrup Bananas Sausage Links OJ Go-Gurts	10 Sloppy Joe Nachos Cheese Roasted Corn Salsa Mandarin Oranges	11 Creamy Stovetop Mac & Cheese Peas & Carrots Honey Cornbread Mixed Fruit Sweet Treat	12 Roast Turkey Cheesy Mashed Potato Gravy Green Beans Cranberry Sauce Peaches	13 St. David's Deli Sandwiches (Lettuce, Bacon, Tomato, Cheese) Pickles/Chips/ Dip Applesauce Corn Flake Cookies	14
15	16 CLOSED Martin Luther King Day	17 Baked Chicken Taco Yellow Rice Corn/ BlackBean Salad Fruit Fried Dessert	18 Top Your Own Pizza! Side Salad Pears Jello	19 Farmhouse Breakfast Eggs, Bacon Hashbrowns Ketchup Toast Grape Juice Bananas	20 Fish Nuggets Roasted Potatoes Green Beans Peaches Frozen Treat	21
22	23 Chicken Noodle Soup Pretzel Bites Cheese Dip Roasted Broccoli Pears	24 Breakfast Enchilada Mixed Greens Tater Tots Apple Slices Go-Gurts	25 Chicken Nuggets Oven Fries Cauliflower Orange Slices	26 Grilled Cheese Sandwich Bites Tomato Soup Pineapple Treat	27 Cheese Ravioli Marinara Garlic Bread Corn Mandarin Oranges Mini Chocolate Cupcakes	28
29	30 Chef Dana's Un crustables Fresh Veggies/Dip Sun Chips Bananas Cookies	31 Beef Taco Bar Fixin's Tortilla Chips Pineapple Salsa Dessert	1 1% Milk Served  Water Always Available	2 100% Fruit Juice Used	3  Menu is Subject to Change Without	4 Food Provided is Peanut & Tree Nut Free

# January 2023-Afternoon Snack

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Happy New Year	2 Goldfish Juice	3 Pudding Parfait	4 Jello with Vanilla Wafers	5 Chex Snack Mix	6 Shortbread Cookies Milk	7
8	9 Ritz Cracker Cheese	10 Try Something New Tuesday!	11 Sweet & Salty Treat	12 Teddy Grahams Milk	13 DIY Rice Cake Snowballs	14
15	16 CLOSED Martin Luther King Day	17 Tortilla Chips w/Tex-Mex Dip	18 Winnie the Pooh Birthday Snack	19 Triscuits w/ Veggie Cream Cheese	20 Cheez-Its Juice	21
22	23 Kids' Snack Board with Yogurt Dip	24 BBQ Oyster Crackers Cheese Cubes	25 Rice Krispy Treats Milk	26 Pretzels w/ Deli Rollups	27 Veggie Straws Juice	28
29	30 Tortilla Chips Mild Queso	31 Winter Wonderland Trail Mix	1 1% Milk Served Water Always Available	2 100% Fruit Juice Used	3 Menu is Subject to Change Without Notice	4 Food Provided is Peanut & Tree Nut Free